



## **“VIRTUAL TOOLS FOR REAL MOBILITIES” – TRAINING COURSE - KA1**

### **SARATA MONTEORU–BUZAU, 19 – 28 may 2022**

**Arrival day :** 19 may 2022

**Departure day :** 28 may 2022

**Organizer :** HAIR REDIVIVUS BUZAU, ROMANIA

**Coordinator:** Tolea Postovei

Trainers and facilitators: Tolea Postovei, Bogdan Chiriacescu plus 2 to be defined

**Partner countries:** EE, SP, MK, CY, TR, CZ, LV, PL, GR, PT, IT, LT, BG, SRB, RO – 2 participants/organization

**Venue :** Sarata Monteoru and Buzau, Romania

#### **Description of project :**

"VIRTUAL TOOLS FOR REAL MOBILITIES" is a training course that will take place in Romania between 19-28 may 2022 with 32 participants and 4 experts.

The aim of the project is to provide to youth workers new digital methods and tools to apply in management of preparation and implementation of Erasmus + youth mobilities

objectives:

1. Increasing youth workers competences to understand and apply digital tools in mobilities
2. developing competences for youth workers in creating and managing youth projects and mobilities
3. expand European cooperation between youth structures in frame of new Erasmus + programme for 2021-2027

The methodology is based on nonformal education methods including presentations, world café, six thinking hats, fish market etc The project activities will be preparation, introduction, getting to know each other, workshops in plenary and teams, outdoor activities, intercultural evenings, visits, reflection and evaluation according to agenda.

Final products expected: A collection of digital tools and methods to be applied in six ideas for future common projects

**Accommodation :** “Casa cu Tei” pension– in rooms of 2 with private bathroom, towels, soap and sheets provided for 1 week

<http://www.casacutei.ro/sitenou/>



Last 2 nights accommodation is in Buzau – Hotel Sport B90–rooms of 2-3 persons with private bathroom

**Food** will be served at the restaurant of the hotel and pension and there will be 3 meals every day and 2 coffee breaks.



#### **Facilities**

-pension in Sarata Monteoru is 10 minutes from village center where you can find shops with basic things. **There are no bankomats but in most of the local shops you can pay by credit card**

- hotel in Buzau is 10- 15 minutes walking from city center where you can find almost everything : shops,pharmacy,banks,restaurants etc.

**Visits:** according to the programme; any other

opportunities will be discussed on the spot if free time will allow

**Internet:** there is very good wireless in the pension and also in hotel in Buzau

**Weather** is quite unpredictable in may in hillside. Usually temperature is around 20-25 degrees, but also can rain or be warmer. In the last days before arrival we'll be back with better info about weather.

#### **IMPORTANT !!! Pay attention to safety measures:**

-you'll live in an intercultural environment,so accept all cultures and be tolerant

-**NO DRUGS ALLOWED !!** Alcohol only after activities in the evening and consumed with responsibility and according with laws from each country concerning age !!

-you have to attend and be involved in **ALL ACTIVITIES** during the training and also in **DISSEMINATION PHASE !!**

-other rules and safety measures will be fixed in first day,so if you have proposal feel free to express them !!



**Measures connected with COVID 19 restrictions and participants requirements will be updated and discussed as a separate topic depending of situation at that moment concerning vaccination, travel, access to public spaces. The location will provide all measures for safety and security !!**

**Transport:** Organizers will provide private transfer from Bucharest Otopeni airport on arrival day around 17.00 so try to arrive before that time. In case you don't have this option we'll try to arrange an alternative transfer later during the evening/night. Cost of transfer will depend of number of travelers but it will be around 20 euro/person from airport to Sarata Monteoru.

For those arriving early in the morning or days earlier in Bucharest, from Otopeni Airport there is a **TRAIN** directly to **GARA DE NORD BUCHAREST** every 30 minutes that takes 20 minutes and costs 5 lei.

Other options to go from Bucharest airport to Bucharest city are buses **780 EXPRES** that runs to Bucharest almost every 20 minutes from 5 am till 11pm. You can find signs in the airport to reach bus station. The ticket is 8.6 lei (2 euros ) a round trip card , that you have to validate when you step in the bus. The bus goes directly to train station – **BUCHAREST GARA DE NORD** and takes depending on the traffic 45-60 minutes. To go to city center of **BUCHAREST** you can take **783 EXPRES** or **784 EXPRESS**.

**Departure to Sarata Monteoru:**



**meeting point in airport**

**17.00** - there is the meeting in BUCHAREST OTOPENI AIRPORT ARRIVALS at ground floor in front of CARREFOUR EXPRESS. We'll go by our arranged bus directly -the trip takes 2 hours -we 'll have dinner on arrival.

## ACTIVITIES

Please post announcements about the project on your websites, blogs or any other platform and send us some print screens or copies – **OBLIGATORY !!**

What should you prepare :

- a research about virtual/digital tools that are used in youth work in your organization/region
- be prepared to propose games, energizers, activities for free time or for our workshops
- each national team should have at least one laptop ready to be used for working and editing texts/photos
- as we want to use as less plastic as possible please bring with you your own coffee/tea cup or mug and a bottle/recipient for water
- **for intercultural evening you have to bring some traditional food and drinks and to be ready to teach us a song or a dance. ATTENTION !! There is not possible to use kitchen for cooking (because of new regulations about safety and hygiene ) so bring dry things ...you can prepare short and easy meals that can be done without oven like salads etc...if you need some ingredients like vegetables,oil, salt,regular spices,bread etc we can provide them...**



## REIMBURSEMENT:

In order to get the travel costs back we need to get from you **PRINTED ON PAPER and ARRANGED IN ORDER OF TRAVELLING PHASES FROM DEPARTURE TO DESTINATION**

- All BUS/TRAIN/FERRY tickets and invoices in original.if you need local transport in your country try to buy return tickets.Tickets should have date,itinerary,cost.if there is no name-write it on the back
- For FLIGHTS: electronic ticket with name,dates,itinerary,costs AND INVOICE if some of previous item is not on the ticket.
- BOARDING PASSES compulsory – keep them as without them you don't have your money back.If you did mobile check-in you can send us the print screen
- Take only APEX flights (no business class) and only 2 nd class trains.
- TAXI costs are not eligible
- Be sure to have price and data on bus and train tickets,also on airplane tickets.If not, ask for receipts or invoices.
- If you travel by CAR contact us to tell you the rules and documents needed...

**The reimbursement will be in accordance with distance calculator for the maximum amounts approved in application and will be done after the project when we'll receive all ORIGINAL documents. The amounts for reimbursement will be based on the tickets/invoice presented. There will be one transfer for every country in account of sending organization according with National Agency rules.**

Maximum approved travel costs :

**20 euros/participant for Romania**

**180 euros /participant for Bulgaria and Serbia**

**360 euros/participant for Portugal and Spain**

**275 euros/participant for the others**

**There is a partner contribution of 20 euros/participant – you can pay it or collect from your participants.**

You can spend 2-3 days before or after the project in Romania but no costs of accommodation, food or other expenses will be reimbursed for days outside the project.

**Other practicalities :**

Currency : 1 euro = 5.00 lei (RON ). There are banks and bankomats in airports, in Bucharest train station, in Buzau.

The hour in Romania is GMT + 2.

Beware of pick pockets in buses, metro and crowded places. Don't accept gifts and don't talk to strangers that ask to sign something or to help them – most of them are cheaters.

Don't pay attention to street dogs – they are everywhere but most of them are friendly.

For any other questions and comments or questions contact

**postoveitolea@yahoo.com**

**Tolea-+40.744.855.911 – available on whatsapp**

**ALL PARTICIPANTS WILL GET YOUTHPASS CERTIFICATES.**



The facebook group of the project is <https://www.facebook.com/groups/518471506277078>

See you soon here !!!